

Occupation or position held	Consultant Dir.Chief Plastic surgeon, 1) Hellenic Anticancer Institute “Agios Savvas” National Oncological Hospital, Teaching Hospital, 450 beds. (the biggest Anticancer Hospital in Greece). (Public) (2014 -2018) 2) Hellenic Gynaecological and Maternity Unit “ELENA VENIZELOU” Woman’s Hospital, (Teaching Hospital 350 beds). (Public) (2012 – 2014). 3) 6 th S.I.I. National Hospital (Social Insurance Institute) Teaching Hospital (70 beds) (Public) (1999 – 2011)
Main activities and responsibilities	All type of cancer surgery and reconstruction after cancer surgery. Outpatient clinics, inpatient words, minor and extensive operations from simple biopses with local anesthetic to microsurgical free flaps in cancer patients, as needed. Personally performed more than 100 minor and 10 major operations per month. Breast reconstruction, Head and Neck , benign lesions, skin cancer, melanomas, sarcomas, etc.
Name and address of employer	Hellenic Anticancer Institute “Agios Savvas” Oncological Hospital.
Type of business or sector	Public Anticancer General Hospital.
Dates	1997 – now
Occupation or position held	Chif Dir. “Aesthetic Plastic surg. Clinic” at METROPOLITAN GENERAL HOSPITAL, Athens, Greece. Consultant Plastic surgeon, IASO GENERAL HOSPITAL, IASO HOSPITAL, IASO PEDIATRIC, (Private Hospitals in Athens Greece).
Main activities and responsibilities	Aesthetic (Cosmetic) plastic surgery (face and body) procedures. Rhinoplasty, revision rhinoplasty, profiloplasty, face implants, Face lift, brow lift, neck lift, MACS-lift, smash-ectomy, Blepharoplasty, otoplasty, Liposuction, PAL, Breast surgery (augmentation, mastopexy, reduction, recontruction, gynaecomastia, tuberous breast, anisomasty, congenital and posttraumatic defects of NAC.), abdominoplasty, brachialplasty, upper and lower body lift, belt-lipectomy, reconstruction after bariatric surgery, gluteal augmentation with implants, gluteal augmentation with fat-transferring, gluteal lift, inner thigh lift, liposculpturing legs and calf, calf augmentation, 6-pack liposculpturing, hair restoration, Paediatric plastic surgery, genital surgery, etc. Performing 6 – 20 Aesthetic operations / per month.
Name and address of employer	METROPOLITAN GENERAL HOSPITAL (264 Mesogion av.,Holargos, Athens, Greece.)
Type of business or sector	Private general hospital (200 beds)
BASIC SCIENCE	-Medical Degree. (very good) 1986 . National and Kapodistrian University of Athens. (6 years)

SPECIALTY

-**Title in Plastic Surgery** (6 years: 2 years of General surgery, 3 years of Plastic surgery, ½ year in Paediatric surgery, ½ year in Orthopaedic trauma). (1988 – 1996) ½ year NHS UK (Torbay Hospital, Torquay, SD). ½ year Rio de Janeiro (near to prof. Ivo Pitanqui). ½ year Baylor C. M. Houston, Texas, USA.

-Board certified in Plastic surgery in Greece: Jan. 1997.

- **PhD degree** (2013 Thesis. National and Kapodistrian University of Athens). (“contribution in the use of tissue expanders in Reconstructive surgery – Experimental and clinical study. Skin expansion with intraluminal triamcinolone for fabrication of thin skin in porcine model”)

- **ISAPS Nat secretary** Greece (2014 - 2018) (International Society of Aesthetic Plastic Surgery). ISAPS member since 2004.

- **ATLS Instructor** (since 1999) (Advance Trauma Life Support. Certified by American College of Surgeons - Committee on trauma)

- **ASPS IM** (since 2014) (American Society of Plastic Surgeons)

- **HESPRAS ExCo** (2005- 2019) (Hellenic Soc. of Plast. Rec. Aesth. Surgery)

- **HESPRAS secretary Gen** (since 2011 -2015)

- **Vice President of HESPRAS** (2016 – 2019)

- **EASAPS ExCo** Parliamentarian (since 2015) (European Association of Aesthetic Plastic Surgery Societies.)

- **FACULTY** (in 4 – 5) International Courses per year (the majority in ISAPS)

- COURSES: 124 (75 as a faculty)

- Presentations in Congresses: 250

- Publications: 21

- Organiser MYKONOS ISAPS 2016 (official ISAPS course). 2 – 4 June, Mykonos island

Other

Course participating as Faculty (last years) are:

- ISAPS 2022 Istanbul 20-24 September

- XXII Spring Academy VDAEPC and GBAM. Berlin 19-21 May 2022

- ISAPS biennale congress 2018 Miami, FL USA.30 -04 Nov.

- 23rd biennale ISAPS congress, 23-27 Oct. Kyoto Japan.

- ICC Venus, Cairo, Egypt, 24 – 27 August 2016

- Eurasian Rhinoplasty course, Istanbul, Turkey, 18 – 19 June 2016

- Eurasian Aesthetic surgery Conference, Istanbul, Turkey, 16 – 18 June 2016

- Mykonos Isaps course, Mykonos Island, 2 -4 June 2016, Greece.

- Brazilian –European synergy (reshaping the body), Isaps course, Belgrade, 8-10 Oct. 2015.

- EASAPS meeting, 1 -2 October, Lisbon, 2015.

- 14th Annual Congress of the HESLAS, Athens, 25 -27 June “Laser and Aesthetic Europe 2015

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Computer skills and competences Excellent knowledge and use of Word, Power Point, Excel, Internet Explorer in Windows 95, 98, 2000, NT, XP, 7, 10, environment, MAC.

Hobbies and competences Basketball, photography, cinema, swimming, music, windsurfing, gardening, travelling, ping-pong, sharpshooting,

Research Experience - surveys in teaching hospitals
- Experimental work in rats, and porcine model.

published **Papers**
(recent years)

- "AESTHETIC RHINOPLASTY AND NASAL OBSTRUCTION: PRESENTATION OF RESULTS OF A 100-PATIENTS STUDY BY USING NOSE INVENTORY" D. Kotzampasakis, T. Delistathi, S. Kotzampasakis, P. Mantalos. AESTHETIC PLASTIC SURGERY, 31 Jan 2019.
- "ASSESSMENT OF AESTHETIC RESULTS OF 100 PATIENTS WHO UNDERWENT RHINOPLASTY – RHINOPLASTY OUTCOME EVALUATION" Dimitris Kotzampasakis, Panagiotis Mantalos, Stylianos Lotzampasakis, Nikolas Danias, Thomas Nikolopoulos. PLASTIC RECONSTRUCTIVE SURGERY 2017;e1404 15 Sept.
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- "NEW INFEROMEDIAL BASED MAMMAPLASTY WITH L- SCAR" Stratis Gabriel, Panagiotis Mantalos. Psychico General Hospital, IKA Athens Oncologic Hospital PLASTIC AND RECONSTRUCTIVE SURGERY, March 2009, volume 123, number 3 – Viewpoints
- "AN EASY WAY TO OBTAIN 6 –PACK ABDOMINAL MUSCULATURE" P. Mantalos, Iaso General Hospital, Athens, Greece. EUROPEAN AESTHETIC PLASTIC SURGERY JOURNAL, vol. 5: no 2, 2015 p:103 -111.
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- "AESTHETIC NASAL TIP DEFORMITIES IN GREECE AND THEIR CORRECTION" P.N. Mantalos, K. Dialynakis. Plastic and Reconstructive surgery, IASO GENERAL Hospital, Athens, Greece. abstract: "THE CANADIAN JOURNAL of PLASTIC SURGERY" summer 2011, volume 19, suppl. A.
- "LOCAL NASAL RECONSTRUCTION: A REVIEW OF 312 CASES" P.N. Mantalos, K. Papaioannou, D. Karypidis, A. Papadimitriou, A. Kouppas 6th Hospital of SSI, Dep. Plastic and Reconstructive Surgery, Athens, Greece Δημοσ. Του abstract, στο: "THE CANADIAN JOURNAL of PLASTIC SURGERY" summer 2011, volume 19, suppl. A.
- "TREATMENT OF MIDDLE AND LOWER TIBIAL DEFECTS, USING LOCAL PERFORATOR FLAPS" P.N. Mantalos, I. Zarnavellis, M. Skolarikou, D. Karypidis, T. Petrakopoulou Hospital of SSI, Dep. Plastic and Reconstructive Surgery, Athens, Greece Δημοσ. Του abstract, στο: "THE CANADIAN JOURNAL of PLASTIC SURGERY" summer 2011, volume 19, suppl. A.
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- LOCAL FACIAL RECONSTRUCTION POST TUMOR EXTIRPATION: A PROPOS OF 1244 CASES
Mantolos P., Mallouris A. , Tanos G., Karypidis D., Petrakopoulou D., Stavropoulou V., Papadopoulos M., Koupas A. 6th Oncological Hospital IKA, Dept. Of Plastic and Reconstructive Surgery. ANNALS OF PLASTIC SURGERY abstracts 62 (6) pg.E1 –E104 extra vol. dedicated to International Meeting on Aesthetic and Reconstructive Facial Surgery (Facial Surgery Binding Aesthetics with Recontruction, May 13 -17, Mykonos island 2009.
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